

Hengrove, Knowle, Filwood, Brislington - Food support by day of the week								
Monday	Tuesday	Wednesday	Thursday	Friday	Weekend			
On-site meal South Bristol Methodist Church 11am-2pm	On-site meal Redcatch Community Garden 12pm-1pm	Take home St Barnabas Food Bank 12.30pm-2pm	On-site meal (soup) Bricks 12.30pm-2pm	Take home Counterslip Care Food Bank 10.30am-12pm				
On-site meal Salvation Army 10am-2pm				Food Parcel Delivery Brislington Food Bank				
				Take home fruit & veg Bristol greens - Victoria Park 9.30-2pm				
				Take home Inns Court FOOD Club 1.30pm-3pm				

Please see following pages for more information about these services



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Service Name	Contact	Food support offering	Day/Time	Cost	Who is the service for?	Need Referral?	
Bricks St Annes House St Annes Road St Annes Bristol BS4 4AB	georgia@bricksbri stol.org 07709 264 201	On-site meal (soup & bread)	Thursday 12.30-2pm	Free	Everyone welcome	Text or email to book a space	
Brislington Food Bank  Delivery only	andy.irwin@inhop e.uk 07584 625082	Delivered food parcels	Fridays	Free	Residents of BS2 BS5 BS15 BS16 BS3 BS4 BS14	Yes, click here for advice	
Bristol Greens  Victoria Park 12 Hill Ave, Bristol BS3 4QE	info@bristolgreens .co.uk	Free food table (Victoria Park stand)  Fruit & veg box deliveries	Friday 9.30-2pm Email to arrange	Free	Everyone welcome  Households in BS14	No Email to arrange	



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Counterslip Cares Food Bank BS14 9HT  648-652 Wells Rd, Bristol BS14 9HU	edgefield@blueyo nder.co.uk 07873 169304	Take-home food bags/box	Friday 10.30am-12p m	Free	Hengrove, Whitchurch, Hartcliffe, Stockwood, Totterdown, Brislington, Knowle and Knowle West	Yes, click here for advice		
Inns Court FOOD Club Community & Family Centre, 1 Marshall Walk, Bristol BS4 1TR	Bristolfoodclubs@f amily-action.org.u uk Info@iccfc.co.uk	Take-home food box/bags	Friday 1.30pm-3pm	£1 memb ership, £3.50 per shop	Those working or living within 15 minutes of the club	Contact to check availability		



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Redcatch Community Garden  The Pavilion, Redcatch Park, Broadwalk, Knowle, Bristol, BS4 2RD	07858 630507 redcatchcommunit ygarden@outlook. com	On-site meal	Tuesday 12pm-1pm	Free	Everyone welcome	Text phone number to book space	
St Barnabus South and East Bristol Foodbank  St Barnabus Church, Daventry Road BS4 1DQ	andy.irwin@inhop e.uk 07584 625082	Take-home food parcels	Wednesday 12.30pm-2p m	Free	Residents of BS2 BS5 BS15 BS16 BS3 BS4 BS14	Yes, click here for advice or get help through hardship phone line: 0808 208 2138 or Filwood Hope	



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South Bristol Methodist Church Redcatch Road, Knowle, Bristol. BS4 2EP	southbristol2022@gmail.com	On-site lunch and opportunity to do some cooking/breadmaking	Monday 11am-2pm	Free	Everyone welcome	No	
The Salvation Army Padstow Road, Filwood Park, Bristol, BS4 1EN	0117 9631655	Welcoming Space - tea/coffee, free hot meal available, and Foodbank for those that need it.	Monday 11am-2pm	Free	Everyone welcome	No	



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Oasis Academy Connaught FOOD Club ——— Academy, Melvin Square, Bristol BS4 1NH  Not currently operating	Liz.rose@family-a etion.org.uk	Take-home food shop (worth £10-15)	FOOD Club Friday 1pm-3pm Low-cost coffee shop Friday 08.30-10.30	£1 memb ership, £3.50 per shop	Residents of BS4 and surrounding areas	No	